



1. Give What You Have to Give That Demonstrates Compassion, Peace and Understanding

Every person and every event that crosses your path comes to you for a single reason: for you to be happy. Happy people know this! The reason people and circumstances are encountered is to offer you a chance to be happy, to increase your wealth and to increase your opportunity to live purposefully. What you share with others increases in your experience.

Whatever resource, talent or insight you have that you can give, that when received can make another person's life richer, gentler or less stressful, offer it with gratitude.

2. Give Your Very Best Regardless of What Others Give

Successful people realize that living life from the perspective of being a powerful and dynamic entity changes how they view and do everything. When you give your very best, you demonstrate true living. Through your efforts, you show that you value your life and want your actions to reflect your being. Congruence in being and action changes the world you experience. Effort begets opportunity.

3. Always Ask Yourself, "What Would Love Do?" Then Do That

The question "What would Love do?" inspires you to respond from the highest part of yourself, your authentic Self. This is the real you, and it does not live by the indoctrinations of society. Rather, it adheres to the laws of love, and knowing that, you foster happiness. Your authentic Self is unity orientated, so it takes action based upon equanimity, understanding, wisdom and generosity. The real Self asks, "If I were them, what would I need most to get the outcome?" Then it does that! Although society as a whole will pass judgment on you for living this way, do what Love would do.

Doing what Love would have you do will immediately take you from ego reactivity and the hypnotic responses to which it adheres and which it is conditioned to uphold, to something much more powerful - compassion. Successful people do that!

4. When You Need to Choose Between Being "Right" and Being Kind, Choose Kindness

The need to be "right" is a need of the ego. Your ego encompasses the wounded, inferior and defensive part of your psyche, and it needs to be "right" to feel superior. Each time you choose being right over being kind, you feed the ego instead of your real Self. You decide! The choice for kindness brings with it happiness and peace, because in choosing kindness you show another human being that he or she is as important and valued as you are. And that where he or she is in perception or belief is as important to you as where you are.

5. Live in the Moment. Put Attention to What Is Here Now. Let the Rest Go

Living in the now - meaning to be aware of and witness only what is around you in any given moment - takes you from judgment, past and future thought patterns, and tension to the eternally unfolding of the here and now. In practicing presence, you minimize stress and you settle down your intellect. The intellectual part of your consciousness processes your life only through your values, the past and memory, and compares all else to it. The intellect lives in the domain of your personality and ego; it is the part of your consciousness that is most prone to sleeplessness and agitation. Your brilliant authentic Self resides in the eternal now!

6. Learn to Observe, Not to Judge. Observation Accepts and Judgment Demands a Change

When you observe and allow, you view that which is around you through a state of wonderment and gratitude. You observe, being keenly aware that you are seeing an outcome without knowing all that gave rise to it. In a wonderment mind set you know that you live in the eternal now, and in this moment a magical "Conspiracy of Desire" occurs for a person, place, thing or event to unfold before you. When you judge, you do so believing you have all the information concerning every person and event and all the contributing factors to create the outcome you are judging. Since you cannot possibly be aware of all factors, choose to observe instead.

7. Listen to the Voice of Your Heart, No Matter What Others Say

It takes incredible courage to listen to your heart, but doing so will help you to find and live your best life, your true and highest destiny. Your heart is the voice of your destiny, and it can take you off the well-paved road of psychological reason at times and onto the mysterious path of the awakened. The heart will speak to you and tell you things that are the opposite to the guidance of your intellect or the rationale of those around you. This is so because the heart is coded to live in congruence with your spirit and your soul, while the intellect lives in congruence with the rules of men and women.

8. Tell the Truth Kindly and Live as Though Everyone Is Watching You

The truth always sets things right. In sharing truthfully and through kind words your perspective and the actions you've taken or want to take, everyone has the information needed to make the best decisions for themselves. When we live as though there is a camera on us, and then projecting our image onto a universal "screen" for all to see, we are bound to make much more mindful choices.

Successful people, know that to ask themselves today, if they were to look back on this day and situation in 20 years or at the end of my life what do I want to see I did and said.

9. When You Are Afraid to Do Something, Do It Anyway

The more we are afraid to do something the more self-worth we can gain by doing it. You naturally are afraid of facing anything that will make you get in touch with your feelings of insecurity, inadequacy or helplessness. If these feelings are not faced, they - instead of you - run your life. You fear what you do not understand, and understanding comes from participation! To the fearful the unknown is seen as danger, but to the successful the unknown is a canvas of possibilities. To establish higher levels of confidence and success, you need to face your fears and overcome them. So pick a fear.

10. View All Experiences as Blessings Because Everything That Happens Reveals Something in Your Nature You Need to Know

Successful people see that life happens through them, not to them! They view challenges as opportunities to help them grow, and therefore they welcome everything. Trust that all things do bring about blessings if you look for them. The thought beliefs and attitudes you have are revealed each day in the way you respond to life's events. When you view all experiences as blessings, you allow rather than resist life. As a result, you have more peace and more energy, since you are not going through life with the "brakes" on.

11. Allow People to Have Their Own Perspectives, Emotions and Reactions

No two people see or experience the world in the same way. You experience all events and people through the filter of your past experiences, and so does everyone else. In allowing other people to have their perspectives and emotions, we create a bridge of compassion. Successful people know that behavior is indicative of individual inner feelings of balance, safety and control and that to help others to have all three, they need to allow first what is being expressed.

12. Assume That Your Evaluation of a Situation May Be Incorrect

The human condition involves the constructing of ideals and values that you feel are “right,” and you may be unconsciously imposing them on the people and situations around you. If you can become open to the possibility that you only have a portion of the information needed to make a truly accurate assessment, you will be open to growth.

Successful people are skilled at considering that their perspective is only part of the solution.

BONUS: You Receive What You Give. Don't Ever Give Something Unless You Give with Complete Gratitude and with No “Strings” Attached

Success and gratitude are the natural responses of those who know that they increase what they give away. The successful do not wait to receive anything from their true giving, because they are successful in part because they have learned that they get more of anything they give away. True giving is done without expectation or “strings” because the gift of giving is the great feeling you receive for being generous.

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